



**foreverhealthy**  
The Leader in Living WholeFoods

## Hosting A Forever Healthy Lecture

**Forever Healthy** is committed to education! Coupled with dedication to research, Forever Healthy's approach helps inspire while simplifying with leading edge clarity to the forefront of the Health and Wellness industry. We offer a variety of dynamic and inspiring lectures, all part of our Complete Life Extension Health Program helping incorporate keys to success in all areas of well-being.

Some current topics include:

**Super Foods • Happy Hormones • The Power of Water • The Power of Juicing  
Forever Healthy Life Extension Program • Simple Cleansing Program • Forever Fit**

Lecturing in health stores, trade shows, home parties, weekend retreats, lunch & learns and alternative health centers all parties successfully benefit both financially as well as providing a great new and desired service to empower clients. Watch your relationships grow!

Lecture and workshops can be customized to address a specific group or topics of interest.

### **What's involved and how it works best:**

- Host (You) arrange and advertise the event and acquire the space
- Forever Healthy expenses are paid by Host (i.e. food costs for event and travel/accommodation if applicable)
- A minimum of pre-paid attendees is required and established prior to each event
- We negotiate a price that fits the event; amount per person or % of sales
- Host sells and profits from any FH products (WS to Retail Margin)
- Consulting – Wayne/Jeanette can do short consults after events, and share monies with Host as well as, more product recommended client.

**WAYNE GENDEL** *Life Extension Specialist*, is a renowned lecturer, raw foods nutrition expert and the developer of the **Forever Healthy Life Extension Program**.

**Wayne** has studied health modalities with world-renowned Dr. Ann Wigmore, Viktoras Kulvinskis and Brian Clement of the Hippocrates Health Institute, rated world's # 1 Medical Health Spa. He is a certified Hippocrates Health Educator and certified in iridology and colon therapy, deep tissue massage, and adept with kinesiology, and Kriya Hatha yoga.

Public Appearances: CITY Breakfast Television, Rogers Daytime TV, York University, University of Toronto, Canadian Natural Health Association, Health Centres, Health Events, Health Trade Shows and numerous TV shows.

**JEANETTE SOUSA** has been working and training with Wayne for over 5 years.

**Jeanette** has a B Sc, is a certified Qi Gong Instructor and is currently training in Ayurvedic Medicine. Being a mother has cultivated her passion for bringing balance and rhythm into people lives and understanding the bodies healing magnitude with Living Foods. **Jeanette** is a dynamic health and life enthusiast lecturing about her expertise of the Living Foods Lifestyle and she loves chocolate!

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